

Healthy Heart Extra Care (HMO SNP) Summary of Benefits

January 1, 2015 - December 31, 2015

This booklet gives you a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage."

You have choices about how to get your Medicare benefits

- One choice is to get your Medicare benefits through Original Medicare (fee-for-service Medicare). Original Medicare is run directly by the Federal government.
- Another choice is to get your Medicare benefits by joining a Medicare health plan (such as **Healthy Heart Extra Care (HMO SNP)**).

Tips for comparing your Medicare choices

This Summary of Benefits booklet gives you a summary of what **Healthy Heart Extra Care (HMO SNP)** covers and what you pay.

- If you want to compare our plan with other Medicare health plans, ask the other plans for their Summary of Benefits booklets. Or, use the Medicare Plan Finder on <http://www.medicare.gov>.
- If you want to know more about the coverage and costs of Original Medicare, look in your current "**Medicare & You**" handbook.

View it online at <http://www.medicare.gov> or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Sections in this booklet

- Things to Know About **Healthy Heart Extra Care (HMO SNP)**
- Monthly Premium, Deductible, and Limits on How Much You Pay for Covered Services
- Covered Medical and Hospital Benefits
- Prescription Drug Benefits

This document is available in other formats such as Braille and large print.

This document may be available in a non-English language. For additional information, call us at (866) 255-4795. TTY (866) 321-5955

Este documento puede ser disponible en un idioma no

ingles. Para obtener informacion adicional, llame a servicio al cliente en el numero de telefono (866-255-4795). Los usuarios de TTY deben llamar al 1-877-486-2048.

Things to Know About Healthy Heart Extra Care (HMO SNP)

Hours of Operation

- From October 1 to February 14, you can call us 7 days a week from 8:00 a.m. to 8:00 p.m. Pacific time.
- From February 15 to September 30, you can call us Monday through Friday from 8:00 a.m. to 8:00 p.m. Pacific time.

Healthy Heart Extra Care (HMO SNP) Phone Numbers and Website

- If you are a member of this plan, call toll-free (866-255-4795). TTY: 1-866-321-5955
- If you are not a member of this plan, call toll-free (866-255-4795). TTY: 1-866-321-5955
- Our website: <http://www.brandnewdayhmo.com>

Who can join?

To join **Healthy Heart Extra Care (HMO SNP)**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, be diagnosed with Chronic heart failure, and live in our service area.

Our service area includes the following counties in California: Kern, Kings, Los Angeles, Orange, Riverside, and San Bernardino.

Which doctors, hospitals, and pharmacies can I use?

Healthy Heart Extra Care (HMO SNP) has a network of doctors, hospitals, pharmacies, and other providers. If you use the providers that are not in our network, the plan may not pay for these services.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.

You can see our plan's provider and pharmacy directory at our website (<http://www.brandnewdayhmo.com>).

Or, call us and we will send you a copy of the provider and pharmacy directories.

What do we cover?

Like all Medicare health plans, we cover everything that Original Medicare covers - and *more*.

- **Our plan members get *all* of the benefits covered by Original Medicare. For some of these benefits, you may pay more in our plan than you would in Original Medicare.** For others, you may pay less.
- **Our plan members also get *more than what is covered by Original Medicare*.** Some of the extra benefits are outlined in this booklet.

We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider.

- You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website, <http://www.brandnewdayhmo.com>
- Or, call us and we will send you a copy of the formulary.

How will I determine my drug costs?

Our plan groups each medication into one of six "tiers." You will need to use your formulary to locate what tier your drug is on to determine how much it will cost you. The amount you pay depends on the drug's tier and what stage of the benefit you have reached. Later in this document we discuss the benefit stages that occur after you meet your deductible: Initial Coverage, Coverage Gap, and Catastrophic Coverage.

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MONTHLY PREMIUM, DEDUCTIBLE, AND LIMITS ON HOW MUCH YOU PAY FOR COVERED SERVICES

How much is the monthly premium?	\$28.80 per month. In addition, you must keep paying your Medicare Part B premium.
How much is the deductible?	\$320 per year for Part D prescription drugs.
Is there any limit on how much I will pay for my covered services?	<p>Yes. Like all Medicare health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care.</p> <p>Your yearly limit(s) in this plan:</p> <ul style="list-style-type: none"> • \$6,700 for services you receive from in-network providers. <p>If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year.</p> <p>Please note that you will still need to pay your monthly premiums and cost-sharing for your Part D prescription drugs.</p>
Is there a limit on how much the plan will pay?	Our plan has a coverage limit every year for certain in-network benefits. Contact us for the services that apply.

Brand New Day is a HMO plan with a Medicare contract. Enrollment in **Brand New Day** depends on contract renewal.

COVERED MEDICAL AND HOSPITAL BENEFITS

NOTE:

- SERVICES WITH A ❶ MAY REQUIRE PRIOR AUTHORIZATION.
- SERVICES WITH A ❷ MAY REQUIRE A REFERRAL FROM YOUR DOCTOR.

Benefit Category	Healthy Heart Extra Care (HMO SNP)
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OUTPATIENT CARE AND SERVICES

Acupuncture and Other Alternative Therapies ❶❷	For up to 6 visit(s) every year: You pay nothing
Ambulance ❶	20% of the cost
Chiropractic Care ❶❷	Manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position): You pay nothing
Dental Services ❶❷	<p>Limited dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth): You pay nothing</p> <p>Preventive dental services:</p>

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OUTPATIENT CARE AND SERVICES (continued)	
Dental Services ①② (continued)	<ul style="list-style-type: none"> • Cleaning (for up to 1 every six months): You pay nothing • Dental x-ray(s) (for up to 1 every year): You pay nothing • Fluoride treatment (for up to 1 every year): You pay nothing • Oral exam (for up to 2 every year): You pay nothing <p>Comprehensive dental services: \$1000 benefit limit for Comprehensive dental services annually</p>
Diabetes Supplies and Services ①②	<p>Diabetes monitoring supplies: You pay nothing</p> <p>Diabetes self-management training: You pay nothing</p> <p>Therapeutic shoes or inserts: You pay nothing</p>
Diagnostic Tests, Lab and Radiology Services, and XRays ①②	<p>Diagnostic radiology services (such as MRIs, CT scans): You pay nothing</p> <p>Diagnostic tests and procedures: You pay nothing</p> <p>Lab services: You pay nothing</p> <p>Outpatient x-rays: You pay nothing</p> <p>Therapeutic radiology services (such as radiation treatment for cancer): 20% of the cost</p>
Doctor's Office Visits ①②	<p>Primary care physician visit: You pay nothing</p> <p>Specialist visit: You pay nothing</p>
Durable Medical Equipment (wheelchairs, oxygen, etc.) ①	<p>20% of the cost</p> <p>If you go to a preferred vendor, your cost may be less. Contact us for a list of preferred vendors.</p>
Emergency Care	<p>\$65 copay</p> <p>If you are admitted to the hospital within 3 days, you do not have to pay your share of the cost for emergency care. See the "Inpatient Hospital Care" section of this booklet for other costs.</p> <p>Worldwide emergency care coverage: \$65 copay</p>

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Benefit Category	Healthy Heart Extra Care (HMO SNP)
OUTPATIENT CARE AND SERVICES (continued)	
Emergency Care (continued)	If you are admitted to the hospital within 3 days, you do not have to pay your share of the cost for emergency care. See the "Inpatient Hospital Care" section of this booklet for other costs.
Foot Care (podiatry services) ①②	Foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions: You pay nothing
Hearing Services ①②	Exam to diagnose and treat hearing and balance issues: 20% of the cost
Home Health Care ①②	You pay nothing
Mental Health Care ①②	<p>Inpatient visit: Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital.</p> <p>The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.</p> <p>Our plan covers 90 days for an inpatient hospital stay.</p> <p>Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days.</p> <p>In 2015 the amounts for each benefit period are:</p> <ul style="list-style-type: none"> • \$1,260 deductible for days 1 through 60 • \$315 copay per day for days 61 through 90 • \$630 copay per day for 60 lifetime reserve days <p>Outpatient group therapy visit: You pay nothing</p> <p>Outpatient individual therapy visit: You pay nothing</p>
Outpatient Rehabilitation ①②	Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions up to 36 weeks): 20% of the cost

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OUTPATIENT CARE AND SERVICES (continued)	
Outpatient Rehabilitation ①② (continued)	Occupational therapy visit: 20% of the cost Physical therapy and speech and language therapy visit: 20% of the cost
Outpatient Substance Abuse ①②	Group therapy visit: You pay nothing Individual therapy visit: You pay nothing
Outpatient Surgery ①②	Ambulatory surgical center: 20% of the cost Outpatient hospital: 0-20% of the cost, depending on the service
Over-the-Counter Items	Not Covered
Prosthetic Devices (braces, artificial limbs, etc.) ①	Prosthetic devices: You pay nothing Related medical supplies: 20% of the cost
Renal Dialysis ①②	20% of the cost
Transportation ①②	You pay nothing
Urgent Care	You pay nothing
Vision Services ①②	Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening): You pay nothing Routine eye exam (for up to 1 every year): You pay nothing Eyeglasses (frames and lenses) (for up to 1 every two years): You pay nothing Eyeglasses or contact lenses after cataract surgery: You pay nothing Our plan pays up to \$150 every two years for eyeglasses (frames and lenses).
Preventive Care ①②	You pay nothing Our plan covers many preventive services, including: <ul style="list-style-type: none"> • Abdominal aortic aneurysm screening • Alcohol misuse counseling • Bone mass measurement • Breast cancer screening (mammogram)

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OUTPATIENT CARE AND SERVICES (continued)

Preventive Care ①② (continued)	<ul style="list-style-type: none"> • Cardiovascular disease (behavioral therapy) • Cardiovascular screenings • Cervical and vaginal cancer screening • Colonoscopy • Colorectal cancer screenings • Depression screening • Diabetes screenings • Fecal occult blood test • Flexible sigmoidoscopy • HIV screening • Medical nutrition therapy services • Obesity screening and counseling • Prostate cancer screenings (PSA) • Sexually transmitted infections screening and counseling • Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease) • Vaccines, including Flu shots, Hepatitis B shots, Pneumococcal shots • "Welcome to Medicare" preventive visit (one-time) • Yearly "Wellness" visit <p>Any additional preventive services approved by Medicare during the contract year will be covered.</p>
Hospice	<p>You pay nothing for hospice care from a Medicare-certified hospice. You may have to pay part of the cost for drugs and respite care.</p>

INPATIENT CARE

Inpatient Hospital Care ①②	<p>The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.</p> <p>Our plan covers 90 days for an inpatient hospital stay.</p> <p>Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days.</p>
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INPATIENT CARE (continued)

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Inpatient Mental Health Care	For inpatient mental health care, see the "Mental Health Care" section of this booklet.
Skilled Nursing Facility (SNF) ①②	<p>Our plan covers up to 100 days in a SNF.</p> <p>In 2015 the amounts for each benefit period are:</p> <ul style="list-style-type: none"> • You pay nothing for days 1 through 20 • \$157.50 copay per day for days 21 through 100

PRESCRIPTION DRUG BENEFITS

How much do I pay?	<p>For Part B drugs such as chemotherapy drugs ①: 20% of the cost</p> <p>Other Part B drugs ①: 20% of the cost</p>																								
Initial Coverage	<p>After you pay your yearly deductible, you pay the following until your total yearly drug costs reach \$2,960. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.</p> <p>You may get your drugs at network retail pharmacies and mail order pharmacies.</p> <table border="1" style="margin-left: auto; margin-right: auto; border-collapse: collapse; text-align: center;"> <thead> <tr> <th colspan="3">Standard Retail Cost-Sharing</th> </tr> <tr> <th style="text-align: left;">Tier</th> <th style="text-align: center;">One-month supply</th> <th style="text-align: center;">Three-month supply</th> </tr> </thead> <tbody> <tr> <td style="text-align: left;">Tier 1 (Preferred Generic)</td> <td style="text-align: center;">\$0</td> <td style="text-align: center;">\$0</td> </tr> <tr> <td style="text-align: left;">Tier 2 (Non-Preferred Generic)</td> <td style="text-align: center;">25% of the cost</td> <td style="text-align: center;">25% of the cost</td> </tr> <tr> <td style="text-align: left;">Tier 3 (Preferred Brand)</td> <td style="text-align: center;">25% of the cost</td> <td style="text-align: center;">25% of the cost</td> </tr> <tr> <td style="text-align: left;">Tier 4 (Non-Preferred Brand)</td> <td style="text-align: center;">25% of the cost</td> <td style="text-align: center;">25% of the cost</td> </tr> <tr> <td style="text-align: left;">Tier 5 (Specialty Tier)</td> <td style="text-align: center;">25% of the cost</td> <td style="text-align: center;">25% of the cost</td> </tr> <tr> <td style="text-align: left;">Tier 6 (Select Diabetic Drugs)</td> <td style="text-align: center;">\$10 copay</td> <td style="text-align: center;">\$30 copay</td> </tr> </tbody> </table>	Standard Retail Cost-Sharing			Tier	One-month supply	Three-month supply	Tier 1 (Preferred Generic)	\$0	\$0	Tier 2 (Non-Preferred Generic)	25% of the cost	25% of the cost	Tier 3 (Preferred Brand)	25% of the cost	25% of the cost	Tier 4 (Non-Preferred Brand)	25% of the cost	25% of the cost	Tier 5 (Specialty Tier)	25% of the cost	25% of the cost	Tier 6 (Select Diabetic Drugs)	\$10 copay	\$30 copay
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PRESCRIPTION DRUG BENEFITS (continued)

Initial Coverage (continued)	<p>Standard Mail Order Cost-Sharing</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: center;">Tier</th> <th style="text-align: center;">Three-month supply</th> </tr> </thead> <tbody> <tr> <td>Tier 1 (Preferred Generic)</td> <td style="text-align: center;">25% of the cost</td> </tr> <tr> <td>Tier 2 (Non-Preferred Generic)</td> <td style="text-align: center;">25% of the cost</td> </tr> <tr> <td>Tier 3 (Preferred Brand)</td> <td style="text-align: center;">25% of the cost</td> </tr> <tr> <td>Tier 4 (Non-Preferred Brand)</td> <td style="text-align: center;">25% of the cost</td> </tr> <tr> <td>Tier 5 (Specialty Tier)</td> <td style="text-align: center;">25% of the cost</td> </tr> <tr> <td>Tier 6 (Select Diabetic Drugs)</td> <td style="text-align: center;">\$30 copay</td> </tr> </tbody> </table> <p>If you reside in a long-term care facility, you pay the same as at a retail pharmacy.</p> <p>You may get drugs from an out-of-network pharmacy, but may pay more than you pay at an in-network pharmacy.</p>	Tier	Three-month supply	Tier 1 (Preferred Generic)	25% of the cost	Tier 2 (Non-Preferred Generic)	25% of the cost	Tier 3 (Preferred Brand)	25% of the cost	Tier 4 (Non-Preferred Brand)	25% of the cost	Tier 5 (Specialty Tier)	25% of the cost	Tier 6 (Select Diabetic Drugs)	\$30 copay
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Coverage Gap	<p>Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means that there's a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches \$2,960.</p> <p>After you enter the coverage gap, you pay 45% of the plan's cost for covered brand name drugs and 65% of the plan's cost for covered generic drugs until your costs total \$4,700, which is the end of the coverage gap. Not everyone will enter the coverage gap.</p>														
Catastrophic Coverage	<p>After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$4,700, you pay the greater of:</p> <ul style="list-style-type: none"> • 5% of the cost, or • \$2.65 copay for generic (including brand drugs treated as generic) and a \$6.60 copayment for all other drugs. 														